



## 2010-2011 Higgins Tennis Junior & Adult Classes & Private Lessons

**Fall: Sept. 13 – Nov 6th**

Winter: Nov 8<sup>th</sup>-Jan 29<sup>th</sup>, Early Spring: Jan 31<sup>st</sup>-March 26<sup>th</sup>, Spring: March 28<sup>th</sup>-June 8<sup>th</sup>, Summer: June 13<sup>th</sup>-Aug 31<sup>st</sup>

**We can pick up your children from Strawberry Elementary School and walk them to the courts!!!**

### What makes Higgins Tennis Programs unique:

- goal-oriented curriculum: players earn medals as they progress
- rally & games-based approach to player development – Quickstart format with slower balls & smaller courts
- professional technique- learn effortless and efficient strokes & movement
- sportsmanship- at the end of the day win or lose, a player’s integrity is what counts!

For complete class descriptions go to [higginstennis.com](http://higginstennis.com)

Fall: 9/13-11/21	Mondays	Tuesdays	Wednesdays	Thursdays	Fri.	Sat.	Sun.
	9/13-11/22	9/14-11/9	9/15-11/17	9/16-11/18			

### Adult Tennis-Head Pro, Adam Leong

Cardio Tennis	9:30-10:45	drop-in for \$35/class or buy a 6 class flex pass for \$180(\$30/class)				
Advanced Match Play w/the Pros 4.5 +	10:45-12:15	drop-in for \$20/class or buy a 6 week play pass for \$90				
Singles & Doubles Strategy 2.5-3.0		9:30-11:00	9 weeks/ \$225 drop-in \$35/class			

Pre-K Tennis Contact William to set up a class for you!

Kindergarten-Beginner- Players learn basic strokes and rally using larger, 75% reduced speed balls and smaller 36 foot court

<b>Kindergarten</b>	<b>1:40-2:40</b>	<b>1:40-2:40</b>
	<b>11 wks/\$264</b>	<b>9 wks/\$216</b>

Red 1 - Beginner to Low Int.- Players learn basic strokes, & rally and play using 75% reduced speed ball and a smaller 36 foot court.

<b>Grades 1-2</b>	<b>2:50-4:15</b>	<b>1:45-3:15</b>	<b>2:50-4:15</b>	<b>add JTT*</b>
	<b>11wks/ \$330</b>	<b>10 wks/\$300</b>	<b>9 wks/\$270</b>	
<b>Grades 3-5</b>	<b>2:50-4:15</b>	<b>1:45-3:15</b>	<b>2:50-4:15</b>	<b>add JTT*</b>
	<b>11wks/ \$330</b>	<b>10wks/\$300</b>	<b>9 wks/\$270</b>	

Orange & Green - Int. to Adv.: Develop proper grips, topspin, & singles & doubles play with a 25-50% reduced speed ball

<b>Grades 2-5</b>	<b>4:15-5:45 11/wks \$330</b>	<b>add JTT*</b>
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Silver- Adv.: Develop proper grips, topspin, singles & doubles tactics,& play matches using regular balls.

<b>Grades 4-8</b>	<b>4:15-5:45 9 wks/\$270</b>	<b>add JTT*</b>
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\*JTT Junior Team Tennis on Sunday afternoons for Red, Orange, Green, and Silver level. Play at Tam High go to [higginstennis.com](http://higginstennis.com) and click on leagues and tournaments for more info

Private Lessons -Set up your group or private lesson 7 days a week. Adam Leong offering private groups Saturdays 9:30-12:30 No classes on MVSD holidays. No refunds for missed classes. If rain, classes will be indoors in a Strawberry Rec. indoor room.

William Higgins ran the largest junior tennis facility in the world, the Barnes Junior Tennis Center in San Diego, was the Head Pro at the Harbor Bay Club in Alameda, and the Junior Tennis Coordinator at the Belvedere Tennis Club. He currently runs all the tennis programs for the Belvedere-Tiubron Rec. Dept, Tam. Services District, the Bay Club, St. Hillary’s School, Marin Country Day School, and Marin City Services District.

Register online: [higginstennis.com](http://higginstennis.com)

Questions: 415-963-2549 or [william@higginstennis.com](mailto:william@higginstennis.com)